

Rudston



Newsletter

June 2013



This month's Newsletter is kindly sponsored by:

North Wolds Lions Club



www.rudston.org.uk



rosemitch@live.com



01723 586475 (Editor)

Editor's Piece.

Hello and welcome to this month's Newsletter.

A warm welcome also to any newcomers to the village.

A very big thank you to the Rudston Youth Club who helped out at the Musical Allsorts Concert supplying and serving refreshments, they are I'm sure in turn, grateful to the performers Bob and Kath Evans for their help in raising money for the Rudston Youth Club

There will be a re-dedication and blessing of the north face of the church clock on Sunday 23rd June at 4pm this will be a memorable and historical day for the Church in Rudston so please come along and enjoy this event

THE VILLAGE PLAN (PAGE 3) OUTLINES SOME PROPOSALS FOR THE FUTURE OF THE VILLAGE . You are invited to air your views, ideas and thoughts on this with either your Parish Councillor, Parish Clerk, or make comments on the form on the website

Contributors to the newsletter please note there is no newsletter in August so please let me have details of events etc for that month also

Have a great summer

Rosie Mitchinson (Editor)

Announcements



Village plan

In the next couple of months, the Parish Council will be reviewing the Village Action Plan. There are a number of changes coming shortly that could affect the village, among which are:

- Rudston Heritage Centre
- A new Local Development Framework
- A new Rural Strategy
- Changes to East Riding Council's planning policy

We believe that there might be value in creating a Neighbourhood Plan, so the village can ensure that its views are reflected in decisions that are made by the Parish Council, and more importantly, the County Council.

Could you please let us know any ideas you have on how the village could be improved, or indeed, the things that should be conserved? Don't restrict yourself just to the things you think can be done - sometimes even the impossible is possible! You can make your thoughts known, preferably in writing, to:

- The Parish Clerk
- Your Parish Councillor
- Via the comments form on the website

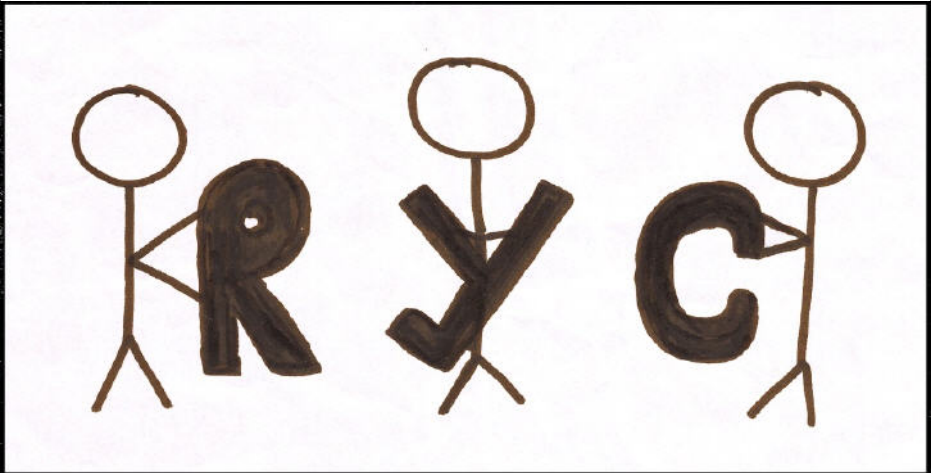
We will then let you know in September what we think can be achieved and an outline plan of how we can move forward.

Neil Watson neiljw51@gmail.com

Rudston Youth Club.

"The Youth Club volunteers and young people are very happy to help and support behind the scenes at events in the village hall, like the recent "Musical Allsorts" evening which was a great success enjoyed by all. The Youth Club was pleased to support this event, providing sandwiches and savouries and help behind the scenes.

Could it be suggested that all groups are recognised and praised for their efforts, as the young people did observe their was no acknowledgment for there contribution in this event in the last newsletter. "Thank you."



"Well done to all the young people who designed logos for the Youth Club. The winning logo, above, was designed by Michelle Wirth. This will be used in all future Rudston Youth Club news articles."

ALL SAINTS CHURCH COMMITTEE

You are invited to

**RE-DEDICATION AND BLESSING OF THE NORTH
FACE OF THE CHURCH CLOCK ON SUNDAY 23RD JUNE
at 4 P.M.**

AT CHURCH AND IN THE CHURCH GROUNDS
Including refreshments

We hope as many of the Time Lords as Guardians of Time in Rudston will be able to attend as it is through their generosity that we were able to repair the North face of the Clock and this is the special time for recognition of this in the History of the Church and Village.

EVERYONE WELCOME.

A reminder of the Flower Festival week - end August 30th to September 2nd. Any offers of help to June Sellers 420237 or Kathleen Thornton 420600.

Thank you for your continuing support . June Sellers (Social Secretary)

Free local health checks for 40 – 74 year olds living within the East Riding

Humber NHS Foundation Trust's Health trainers are helping people in Bridlington, Withernsea, Goole and Beverley to take action on their own health in 2013.

People who live within the East Riding who are aged between 40 and 74 and haven't already been diagnosed with heart disease, stroke, diabetes or kidney disease, can get a free health check at a base near you. The check takes about 30 minutes and takes place in a relaxing, stress free environment with a friendly lifestyle advisor to talk you through every step. First, there will be a few simple questions and some straightforward health tests to check whether the person is at risk of developing heart disease, stroke, type 2 diabetes, or kidney disease. The health trainer will take them through a full health check including cholesterol and blood pressure testing.

Once the check has been completed, a professional lifestyle advisor will talk through how people can make healthy choices and give help and support straightaway. They can also signpost to other local services that will be able to help get further advice.

You can book a health check by calling 0800 9177752, emailing healthtrainers@humber.nhs.uk or dropping in to a healthtrainer base at Bridlington, Goole or Withernsea.

East Riding leisure centres in Bridlington, Withernsea and Goole are also offering the free check.

The health trainers want all local residents who meet the criteria to sign themselves up for a free check; don't delay, make 2013 the year you get yourself healthy the right way.

Anthony Bryce BA (Hons), MA,

Healthtrainer Programme Co-ordinator
Humber NHS Foundation Trust
19 Quay Road
Bridlington
YO15 2AB

RUDSTON W.I.

May Meeting

On 7th May members met at Rudston Village Hall and travelled in convoy to Foston on the Wolds to visit Carr House Farm, the home of Caroline and Tim Sellers. Ten years ago they decided to convert their land to organic production of tasty wholesome and natural food. They installed a wood fired side oven for baking bread, which is a natural sour dough bread. Also from their orchard they produce juices and cordials from apples, elderflower and soft fruits. Caroline and Tim gave us a tour of the farm starting in the Ginger Bread House, which was made partly from straw. In the milling room Tim talked us through the different types of seeds they use. We then went over to the bakery where Caroline talked about the different types of bread she makes and then demonstrated how to make croissants. Back in the Ginger Bread House we tasted samples of the different breads, juices and cordials.

The vote of thanks was given by the President Mrs Jenny Herring. Before we left we were able to purchase some of their products which they also take to the farmers markets in Drifffield and Malton.

The next meeting is on 4th June when Jane Forbes-Adam will come and talk to us about "Why do my feet hurt".

If you would like to join the W.I. Please contact Jenny Herring on 01262 420720

WORDSEARCH

B U T T E N D E R A G U S G D S
 F P T O V S D N O M L A T I M N
 B L O O L I Q U O R I C E A M T
 S U R N A L M A L L S O R T S A
 T R P E T J E L M A O L L T I G
 B A E R S E V E R T O N M I T U
 S L D V E L F O E S M I N T S O
 T H O M B L E R S U G L A M M N
 S T E O D Y B E A R T T L G A G
 R B S E S B R O K C E K C O R Y
 U U R N G A M V E B T A B G T S
 B I U S U B E R R S M C N D I O
 R O B A B I T E B N O V A E E D
 A L S P M E H A G A T D L K S M
 T B T Y U S D S B A R L E Y E N
 S U I E H V R T S R A G U S P S

JELLY BABIES

EVERTON MINTS

SMARTIES

SHERBET DABS

BARLEY SUGARS

NOUGAT

STAR BURSTS

LIQUORICE ALLSORTS

HUMBUGS

TORPEDOES

SUGARED ALMONDS

ROCK

MISSING WORD P-----C-----

May missing word BUTTERMERE

Table Top Sale
29th June 10- 2pm
Rudston Village Hall

RAFFLE BRIC A BRAC BOTTLE STALL

& MUCH MORE

Refreshments available

Hot Dogs & Jackets

Tea and Coffee

Prices £5 small table £8 large table

If you would like to book a table please ring

Sam - 07746630682

Sarah - 07545108018

Pat - 01262 420311

**Use this opportunity to clear out those cupboards
and make a bit of cash**

Please support the local youth club

Thank you

RUDSTON

HERITAGE

PROJECT



We had a good village get-together in May at our Heritage Project update evening. Not huge numbers but huge enthusiasm. Neil showed us how the web site is developing (rudstonheritage.org.uk). He's done a fantastic job and managed to give us a way of capturing all that has happened, is happening and will happen. Chris showed us how the 3D model (that will go in the visitors centre) is coming along and folk got the chance to say what they wanted it to show and filled in some gaps on what went where. Fiona shepherded our village young folk who did a great job in making and serving refreshments and saying what was important to them from the project (some "horrible histories" was one request) The biggest surprise for me was how enthusiastic some folk were about local history and 15 signed up as interested in being part of a local history group. John Walker will co-ordinate that and although it will start properly in September they may well be a few earlier activities. A big thanks also to Richard Myerscough our local geologist (and mine of archaeological information) who brought a dinosaurs fossilised footprint (among many other fascinating maps, articles and books). Watch this space for further developments .

Glyn Owen

Easy Lemon & Raspberry Tart

Serves 6-8

Prep time 20 mins

Cooking time 50 mins

Ingredients

1 x 375g pack of sweet pastry (or make it, I dare you)

3 medium free-range eggs

75g caster sugar

220ml double cream

Finely grated zest and juice of 3 unwaxed lemons

200g fresh raspberries

Icing sugar, for dusting (optional)

Equipment:

24cm loose-bottomed flan tin

Baking beans

Baking paper

Method

1. Preheat oven to 180C (fan) 200C. gas mark 6.

2. Roll out the pastry and use to line the flan tin. Cover the pastry with baking paper then fill with baking beans or rice and blind bake for 15 minutes. Remove the paper and rice/beans. then pop back in the oven for 5 minutes to dry out.

3. Reduce the oven temperature to 160C (fan), 180C, gas mark 4.

4. Whisk the eggs, sugar, cream, lemon zest and juice together.

Leave the tin in the oven on a baking tray and scatter the raspberries over the base evenly. Pour the filling over the berries and bake for 30 minutes.

5. Cool and dust with icing sugar before serving if preferred.

The Village Shop

By Mrs E Allison, Village Shop, Rudston

I've been asked to say a few verses
So I'll try what I can do
Just to amuse you for a few minutes
And tell you some things that are true
Yes tell you about our village shop (now closed)
You all know the one that I mean
There's a passage up side where young folks can spoon
If it is dark or comes on to rain
Well we'll start with early morning
There comes a knock at back door
Only a little after 7 it was
Over a week ago not more
And who do you think was knocking
'Mad Halifax' was his nick name
What a good start for us surely
For bits of bacon he came
He'd got some bread and his tin can full
So I gave him some bits to fry
And he hopped away as happy as
If a sovereign had dropped from the sky
Next there's a little girls gentle tap
"A bottle of milk if you please"
Me Mother forgot it on Saturday night
And we have not to put it in our teas
And now the busy day is begun
As we open our shop at 8
And school bairns cum a trooping in
For none of them wants to be late
A pennath of aniseed balls says one
And an ounce of yeast for me mum
And a halfpenth of mints for me too please
And we want a lot of jam
Some treacle to put in my jar
And some sugar, butter and tea
A bread loaf, currants and raisins and peel
And a lb of bacon for me
Please give me it lean isn't it cold
I think its going to rain
I hope it won't until I get home
Its a long way up to Springdale
Please have you any boxes to spare
No we haven't time just now
But if you come back this afternoon
We'll try and find you one
And a ounces of twist and matches too

And please "as me paper come"
How many different folks we see
No time to make us glum
Good morning missus and how are you
Oh dear I do feel ill
Please give me a bottle of castor oil
And a box of Beecham Pills
My head it aches I think I'll try
And get some sleep
For I can't work at all like this
But work will always help
Now Mrs B and how are you
Some bacon did you say
Your looking rare and well today
Did you say you had been away
Well I'm so glad you've had a good time
There's nowt like a change I say
If you no but go with Pudsey's bus
To Bridlington for the day
I often smile when I think about
Some little folks that once did come
They'd clean forgot what they did want
And daren't go back to mum
I sent a dummy for lairt bairn
But that was far from right
For twas robbing cigs they wanted
For Father to smoke at night
But I often think how dull we should be
If we didn't have some fun
And after all its nice to think
When at evening our work is done
Of all that's passed our threshold oer
And of all old folk and children too
And now kind folk I'm sure
You must be tired of hearing me
So I'll not say much more
But hope as years so quickly fly
Our memories may be blessed
With all that's past and may our hearts
Be filled with peace and rest
And when this busy life is oer
And our voices hushed and still
May other feet and other hands
Our places come to fill
And may we never live to see
Our work on earth forget
But thankfully be that ever we
Lived at the village shop

Nature News



After a hint of spring the weather returned to a wintry flavour. During the spring spell several of our summer visiting birds were reported including sand martin , passing through, and swifts as well as male and female blackcaps, wheatear on the hedge tops along Burton Fleming road, a merlin in the same area, and both grey and yellow wagtails by the playing field. Along the edges of the Gypsy Race reed bunting and snipe were to be disturbed while a curlew flew overhead, redpolls visited bird feeders and willow warblers sang in local gardens. Breeding got underway with wrens nest building busily, a few small ducklings were seen locally and evidence of collared dove at nest from hatched eggshells deposited in grassy patches as well as our locally common species making their preparations.

Spring flowers are in abundance with cowslips and coltsfoot, germander speedwell, forget-me-not and garlic mustard all in flower accompanied by hedges and trees which have suddenly come into leaf and blackthorn bushes in flower. There have however been no reports of frog spawn and only one report of a deer in the village although the Eastgate fox is still to be seen regularly.

Earlier in the month a few butterflies were reported including a brimstone but the only significant moths have been a shoulder stripe and a purple thorn along with two poplar hawk moths, with several of the more common species either in small numbers, late or completely absent.

Tony Ezard

Church News



Vicar: Rev Glyn Owen (01262) 420313
Reader: Mr John Walker (01262) 603170

Rudston with Boynton, Carnaby and Kilham

Church news for June

| | | |
|------------------|---------|--|
| 2 nd | 9.30am | Holy Communion + <i>Trailblazers</i> |
| 9 th | 9.30am | Morning Prayer |
| 16 th | 9.30am | Holy Communion + <i>Trailblazers</i> |
| 23 rd | 10.00am | Boynton: United Benefices Holy Com- munion |
| | 4.00pm | Special service: Re-dedication of the north face church clock |
| 30 th | 9.30am | Morning Prayer |

There is a service of Holy Communion each Wednesday Morning at 10.30am followed by coffee, apart from Wednesday 5th June when there will be no service..

From the Vicarage,

The Easter season came to an end after Whitsunday (Pentecost) and we now come to a quieter time in the church's seasonal calendar. That said there is still plenty church-linked village life going on.

With the warmer weather comes the wedding season and this year we have two at Rudston so the bells will be ringing and the children get the chance to gather a few pennies. June of course brings with it the longest day of the year and I expect there will be a few visitors around the monolith at dawn. Not quite Stonehenge but nevertheless spectacular! I do hope that any who visit the monolith turn to face the church and remember that 2000 years ago a man called Jesus walked the earth

and some called him the image of the invisible God. So now we don't need to erect stones or search the heavens to find God, he has made himself known in his son Jesus.

We will have a time-related celebration on Sunday June 23rd at 4pm (nearly the longest day of the year) when we mark that after many years of brokenness the North Face clock is now telling the time again. It will be a nice little service with refreshments; all welcome. In July we have a Confirmation service for our benefices at Burton Fleming so if anyone is thinking of taking that important step in your Christian journey give me a call to chat it through. I expect our next Confirmation service to be a year in November.

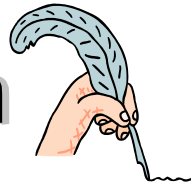
Every blessing,

Glyn

Rudston Heritage Project News

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Crosslands Column



First topic this month is Recycling. At the same time as the county council increases your household collections, they expect you to continue to support the village ones as well! Seriously though, as the parish council is contracted to “improve the quality of life in the local community” by receiving money in this way, may we ask that people do their best to continue to use the facilities on Burton Fleming Road please? You can continue to dispose of all indicated items there of course, but it is particularly paper and glass that we are talking about now. They are the only ones for which cash is received at present. As always, if anyone has any ideas about how to spend some of the money, please don’t hesitate to contact a member of the parish council.

At the Annual General Meeting, it was “all change at the top”. Mr. Neil Watson is our new chairman (phone: 420848) and Mr. Bernard Warcup vice-chairman (phone: 420440). Mr. Tony Ezard had been chairman since 2001, which is not a bad innings. He was thanked by members for his term of office of course, and I trust I can speak on everyone else’s behalf in thanking him again here.

Actually, our new vice-chairman has already taken on an additional role. He is your new Flood Warden! Maybe a grand title, but the county council have declared Rudston to be one of the places liable to flooding. They wish to identify the source, and times of activity, of springs. Bernard is tasked with reporting that to them, and I’m sure he would appreciate any help, if anyone thinks they know something that others might not. Though, springs and flooding may not necessarily be connected.

It was soon “back to normal” with the separate Annual Parish Meeting incidentally – no-one came!

As those who have taken part will know, the results of the first round in the “Yorswitch” scheme mentioned last month have now been declared. To those who chose not to take part, may I suggest by all means “shop around” for yourself, but don’t forget to return to your current supplier to see if they are willing to meet any lower quote which you may have received.

East Riding of Yorkshire Council are warning about buying things “on the doorstep”. Make sure you see identification, and take time to think about things offered, etc. Probably like others, I wasn’t aware that if you agree to spend over £35 in that way, then you are entitled to at least a 7-day cancellation notice. However they don’t mention the alternative – just don’t buy anything at the door! Though of course, do continue to support those calling on behalf of genuine charities.

The next parish council meeting is on Wednesday, 26th June.

Phillip Crossland

(Please note that any opinions expressed in this column are not necessarily those of the Parish Council)

RECYCLING BINS

Please use the recycling bins on Burton Fleming Road whenever possible, as the money from these bins comes directly to the Parish Council. This helps to keep the council tax for the Parish Council lower.

Anything raised from material put in the Blue Bins goes directly to the County Council.

Articles and letters, email preferable if possible or post to: Rosie Mitchinson 80 Main Street Cayton Scarborough YO11 3RT Tel: 01723 586475 - Email: rosemitch@live.com
Please give me your address and telephone number with any correspondence thank you

Telephone numbers, postal addresses and Email addresses printed in the Rudston Newsletter are in the public domain as the publication may be read by people from outside the village, either in its paper form or viewed on the website.

Contributors Please Note - Deadline for articles, letters or notices for the July Newsletter is 7:30 pm 22nd June Please note there is no newsletter in August so please let me have you contributions for July and August thanks The above does not apply to bereavement notices and messages, which will be included if at all possible.

STEVE MITCHINSON

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BATHROOM SUITES, TILING AND DECORATING** over 30 years experience

TELEPHONE 07941645532

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DIARY OF FORTHCOMING EVENTS

23rd June at 4pm Blessing of north facing church clock
26th June Parish Council Meeting
29th June Table Top Sale Village Hall 10- 2pm
30th August to 3rd Sept Flower Festival At All Saints Church



Advertising

Business advertising is charged at the following rates:-

1/4 Page £2.50 per issue.

1/2 Page £5.00 per issue.

Full Page £10 per issue.

Contact the editor to discuss your requirements.

Please make cheques payable to - **Rudston Newsletter**.

Treasurer: Shirley Harland

Useful Phone Numbers - Local Services

MediBus 01482 395533 - E-mail: richard.willis@eastriding.gov.uk

Library van every other Monday Eastgate and Long Street, around 12.00

East Riding of Yorkshire Council - Customer Services Centres:-

Bridlington: Town Hall, Quay Road, YO16 4LP

Tel: 01262 422500, Fax: 01262 422509

Driffield: Council Offices, West Garth, YO25 6TP

Tel: 01377 255556, Fax: 01377 253655

James Cole - Milkman, delivers daily - 01262 609486

Chris Rudd - Wet fish, Wed. around 9 am - 605489, Mobile 07798 652675

Wells Butchery and Farm Foods - Tuesday & Friday - 470236

Trade directory

Clare Stephenson Pet care - 420659 or Mobile 07962143697

Stephen Cooper - Joinery & uPVC improvements - 420811 or 07590206629

Steve Mitchinson Plumbing & Heating 07941645532

Lister Windows - PVCu Specialist in Windows, Doors & Conservatories - 609991

B B Electrical - Electrical repairs, inspecting etc. 678354 or 07809 458760

Stephen Ward Deep tissue sports, and remedial massage 07855951857

Neil Jenkinson Plumber 420839 or 07856291737